

About Laurie Bagley

Laurie Bagley is an inspirational and motivational speaker who, as the sixth U.S. woman to summit Mount Everest from the North Col route in 2006, knows what it takes to get to the top. Her experience as a mother, business owner, athlete and co-author has given her the knowledge to inspire, educate and energize her audiences. Laurie has spoken for corporations, nonprofit organizations, colleges and high school events.



"Laurie Bagley's presentation is powerful and inspirational. I highly recommend it to anyone and everyone."
Donna Mills PHD, Dean of Health and Physical Education at SOU

Presentation Topics

- Actualizing Your Dreams
- Embracing Adversity
- Success One Step at a Time
- Seven Steps to creating a Healthy Lifestyle
- As High as Everest

These topics are offered as keynote presentations in 30, 60 and 75 minute formats. They are also available as one day seminars.



"Stimulating, thought provoking, practical and fun - Laurie's workshop, based on her own extensive experience, was just what I needed to kickstart the exploration of defining my own goals and how to go about accomplishing them."
Jane Prestegard, Owner, Directions

Identify your dreams
and turn them into Reality
with
Laurie Bagley



After summiting Mount Everest in 2006, Laurie Bagley has become a much sought after motivational speaker.

"To be alive is to be on fire with purpose"
-Laurie Bagley

For more information:
Life Journeys: 530.925.4810
lauriebagley@gmail.com
www.lauriebagley.com

One Step at a Time

Success strategies for personal and business development.

Laurie Bagley's motivational presentations energize her audiences while reminding them of the importance of the "No Short Cut" rule, how it influences the success of an organization as well as each individual person.

Because of her life experience, both in her work and her climbing accomplishments, Laurie has become extremely effective in inspiring her audiences. As a woman, her approach to goal setting is both refreshing and effective.

"Laurie's message of survival and reaching for your dreams was of particular relevance for the audience of over 430 people. Her climbing accomplishment is an amazing inspirational metaphor for vision, focus, sacrifice and achievement of life affirming dreams. She has shown us how to stretch farther than what is comfortable and be in action toward big dreams."

-Elizabeth Mitchell-Collord, MHM Chair



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What it takes

Identify your dreams and take the steps to turn them into reality.

With her experience as a leader and guide of expeditions all over the world, along with being a business owner and a mother, Laurie Bagley presents invaluable and unique techniques to successfully meet goals both as an individual and/or as a team.



Photos by Scott Woolums & Loni Phillips

Through the skills she developed to become a world class climber, Laurie will show how to dig deeper in order to reach your full potential and find your bigger purpose.

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To Summit

Discovering what is needed to reach "the Summit."

One Woman's Everest Summit can show you how to summit your own "mountain" step by step.

This one day seminar will take you on your own journey to success. Learn tips and strategies designed to help you clarify your Big Dream and turn it into reality.

- What is your "Dream Mountain"? Define what "it" is for you.

- The mindset of a climber:
 - Planning your route.
 - Prepare, Acclimate and Pace.
 - What to do when the storm hits.

- The Journey
Notice the views along the way and how each component will give you information, strategies and skills to create a successful road map on your own personal journey to the top!

"All you ever have to think about is the very next step"
-Doug Carter, Motivational Speaker

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